

# RECORD BREAKERS

The following icebreakers are 60-second challenges, often with a chance of breaking a world record (all world records are correct as March 2024).



Get the group to sit in a circle and tell a story in 60 seconds (one word at a time) beginning with 'Once upon a time'.


YOU WILL NEED...



1. Stop watch


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The following icebreakers are 60-second challenges, often with a chance of breaking a world record (all world records are correct as March 2024).




One at a time, ask for a volunteer to take on this session's challenge:  
**'How many sticky notes can you put on your face in 60 seconds?'**

**World Record = 38**



YOU WILL  
NEED...

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1. Sticky notes
  2. Klaxon sound effect