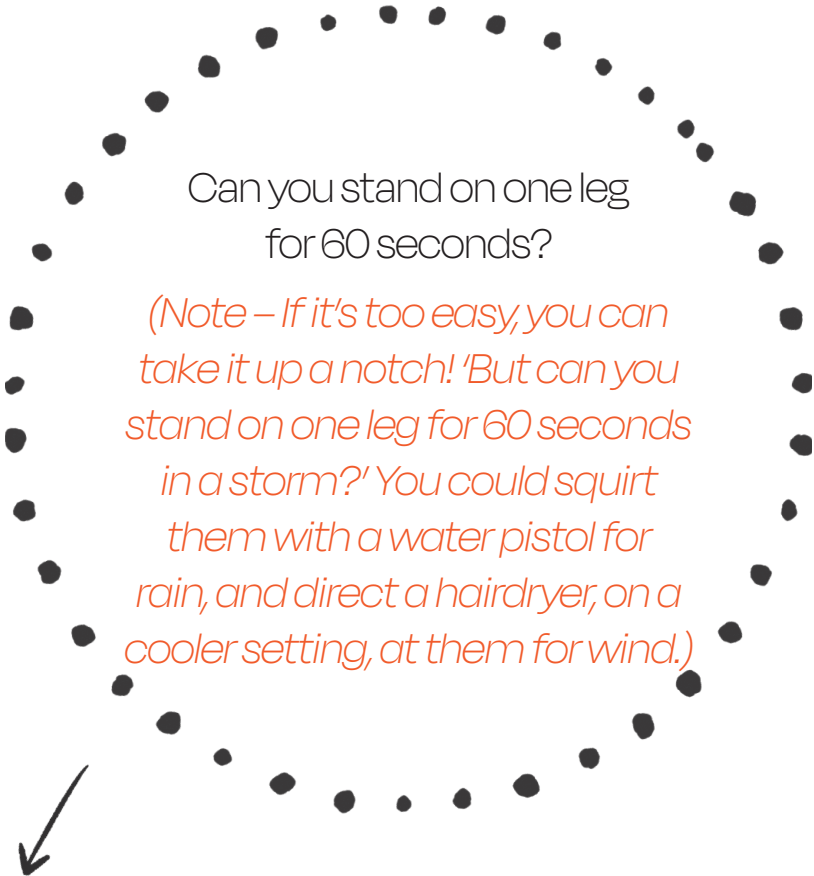


RECORD BREAKERS

The following icebreakers are 60-second challenges, often with a chance of breaking a world record (all world records are correct as of March 2024).



Can you stand on one leg
for 60 seconds?

(Note – If it's too easy, you can take it up a notch! 'But can you stand on one leg for 60 seconds in a storm?' You could squirt them with a water pistol for rain, and direct a hairdryer, on a cooler setting, at them for wind.)

YOU WILL
NEED



1. Stopwatch.